

Fresh from the flames of a near-death experience, Los Angeles-born sisters Béah and Cecilia Romero decided to form their first rock band, Flames Of Durga. The two grew up creating music together and named the project after Durga, a fire goddess from Hindu mythology who represents fierce feminine power. Currently located in Joshua Tree along with their drummer Nate Million, the trio has been busy putting together their first full-length album, recorded at world-renowned studio Rancho de la Luna and produced by legendary musician Dave Catching (Eagles of Death Metal, Mojave Lords). "Darkest Hour" is due out March 18th as the first single off the album.

"Rancho de la Luna was a magical, unique and inspiring place to record," singer/guitarist Béah says. "The energy in that place is so vibrant and Dave Catching is an amazing producer and overall human to work with. His guitar collection is insanely beautiful and he was generous enough to let me try out several of his axes on our record." This track included Catching's semi-hollow Yamaha AES 1500 she playfully nicknamed "Big Poppa" as it was huge for her.

"Darkest Hour" is a song about "growing through what you're going through," the sisters explain. The group worked with photographer/videographer Joe Rubinstein to develop a moody, black and white music video based on the concept of "blooming in the dark." The result is a dramatic depiction of the band coming into their own.

"The lyrics I'm like a flower that blooms in the dark are a deep metaphor for thriving by surviving darker times," singer/bassist Cecilia says, "Not just getting through it, but becoming stronger and more beautiful because of it."

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