



LISA HELLER "18" OUT MAY 14

Warning: This Song is Dangerously Catchy. One listen and you'll be hearing the chorus for weeks. A gorgeous, haunting ode to nostalgia, teen years and childhood playgrounds, "18" is the toothy second single from Los Angeles singer/songwriter Lisa Heller's upcoming EP, "is anyone listening?" due out July 15th. The lyrics reflect how young play places can turn into more scandalous settings during teen years: *"Eighteen with fake IDs/ Getting drunk on the merry-go-round..."*

"Right in the beginning of the pandemic, I went back to my hometown in Connecticut for a while and started thinking about my favorite playground," Lisa says. "I wanted to revisit that nostalgia through the triple lens of memories, looking back at the playground through three different perspectives: Childhood, thinking I was too big for the town as a teenager with my friends, and now in my 20s, looking back at myself at 18 and seeing that I was still just a baby."

The song was a team effort. Lisa collaborated virtually with co-writers Meghan Williams and Cheska Zaide, then co-produced it along with Nashville producer Will McCoy. As an independent artist, Lisa brings her own standards into her process and the track radiates with youthful freedom yet mature composition.

"I think it will always be the case that the older I get, the more I will look back and think I was so young and had so much to learn," Lisa says. "Life has so much room for growth over time."

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